

# All About Hyperhidrosis

Did you know?



60% of hyperhidrosis sufferers report negative impacts on general health.<sup>[1]</sup>



## SIGNS OF EXCESSIVE SWEATING



Clammy or wet hands and/or feet



Select employment where physical contact or human interaction is not a job requirement



Frequent sweating



Irritating and painful skin problems, such as fungal or bacterial infections



Socially withdrawn, sometimes leading to depression



Reluctant to make physical contact



Having to change clothes during the day due to noticeable sweating



Paperwork is damp with smudges



Self-conscious

# HYPERHIDROSIS

IS MORE COMMON THAN...

AUTISM<sup>[3]</sup>

PSORIASIS<sup>[4]</sup>

MELANOMA<sup>[5]</sup>

PEANUT ALLERGIES<sup>[6]</sup>



85%

of hyperhidrosis sufferers waited 3+ years to discuss excessive sweating with an doctor<sup>[2]</sup>



50%

of hyperhidrosis sufferers waited 10+ years to discuss excessive sweating with an doctor<sup>[2]</sup>

**There's no need to wait for a solution!**

Talk to someone!

Getting over the fear of discussing your excessive sweating issues is the first step. Sit down with a parent, guardian, teacher, coach, or healthcare professional who can help you get started down the path to a solution



CHECK OUT [RAFISCHER.COM](http://RAFISCHER.COM) FOR MORE INFORMATION

[1] Doolittle J, Walker P, Mills T, et al. Hyperhidrosis: an update on prevalence and severity in the United States. Arch Dermatol Res doi: 10.1007/s00405-016-1697-9. Published online October 15, 2016.  
 [2] Glaser DA, Hebert A, Piretti L, Pariser D. Understanding Patient Experience with Hyperhidrosis: A National Survey of 1985 Patients. Journal of Drugs in Dermatology. 2018 17(4):392-396.  
 [3] Autism Spectrum Disorder (ASD) Data & Statistics. Centers for Disease Control and Prevention website. <https://www.cdc.gov/ncbddd/autism/data.html>. Feb. 12, 2018. Accessed April 19, 2018.  
 [4] How common is psoriasis worldwide? NEJM Journal Watch website. <https://www.jwatch.org/ja20121090000002/2012/11/09/how-common-psoriasis-worldwide>. Nov. 9, 2012. Accessed April 18, 2018.  
 [5] Key statistics for melanoma skin cancer. American Cancer Society website. <https://www.cancer.org/cancer/melanoma-skin-cancer/about/key-statistics.html>. Jan. 4, 2018. Accessed April 18, 2018.  
 [6] Food allergy facts and statistics. Food Allergy Research & Education website. <https://www.foodallergy.org/sites/default/files/migrated-files/file/facts-stats.pdf>. Accessed April 18, 2018.